







OUTPATIENT HEALTH SCREENING

(To be completed by the client.)

Patient Identification

Date: _____	Time of Arrival to Program: _____	Emergency Contact: Name _____			
		Relationship: _____	Number: _____		
Drug Allergies: <input type="checkbox"/> None <input type="checkbox"/> _____					
Food Allergies: <input type="checkbox"/> None <input type="checkbox"/> _____					
Other Allergies: <input type="checkbox"/> None <input type="checkbox"/> _____					
Chief Complaint: (Why did you seek care in our program?) _____ _____ _____ _____ _____					
Discharge Planning: Who do you currently live with? _____ Do you anticipate this changing? _____					
Educational Data: Preferred Language: <input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Other: _____ <input type="checkbox"/> Can Read <input type="checkbox"/> Can Write <input type="checkbox"/> Other: _____ Do you need a translator? <input type="checkbox"/> No <input type="checkbox"/> Yes: Indicate below: <input type="checkbox"/> Sign – ASL <input type="checkbox"/> Spanish <input type="checkbox"/> Other: _____ Do you have any Communication Barriers? <input type="checkbox"/> None _____ How do you learn best? <input type="checkbox"/> Written materials <input type="checkbox"/> Demonstration <input type="checkbox"/> Other: _____					
Functional Screen: <input type="checkbox"/> Functions/care for self independently <input type="checkbox"/> Needs help from others <input type="checkbox"/> Limitations identified (What sort of help is needed?) _____					
Special Equipment: <input type="checkbox"/> None <input type="checkbox"/> Walker <input type="checkbox"/> Wheelchair <input type="checkbox"/> Cane <input type="checkbox"/> Crutches <input type="checkbox"/> Prosthesis <input type="checkbox"/> Glasses <input type="checkbox"/> Contact Lenses <input type="checkbox"/> Hearing Aids ___ Left ___ Right					
Falls History: History of Falls? <input type="checkbox"/> No <input type="checkbox"/> Yes Frequency of Falls: _____ Date of last fall: _____ Any injuries from a fall within the last month? <input type="checkbox"/> No <input type="checkbox"/> Yes Describe: _____ Was medical attention received for recent fall? <input type="checkbox"/> No <input type="checkbox"/> Yes Describe: _____ STAFF ONLY: If any of the above are marked at "YES" response will initiate a Nurse to complete a Morse Fall Assessment.					
Pain Assessment: Do you have pain now? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes complete the Wong-Baker Pain Scale below.					
Wong-Baker FACES Pain Rating Scale (Use if patients are able to accurately communicate pain rating) On the scale of 0 through 10, indicate the level of pain you are experiencing now. CURRENT PAIN SCORE: _____					
 0 No Hurt	 2 Hurts Little Bit	 4 Hurts Little More	 6 Hurts Even More	 8 Hurts Whole Lot	 10 Hurts Worst
What makes your pain better? _____		What makes your pain worse? _____			
What can we do to help you manage your pain? _____					
Any change in behavior related to pain? _____					
Character of Pain: <input type="checkbox"/> Sharp <input type="checkbox"/> Dull <input type="checkbox"/> Throbbing <input type="checkbox"/> Stabbing <input type="checkbox"/> Aching <input type="checkbox"/> Burning <input type="checkbox"/> Numb					
Frequency: _____ When did pain start? _____					
Location (specify area) _____ Duration: <input type="checkbox"/> Constant <input type="checkbox"/> Intermittent					
Has impacted: <input type="checkbox"/> Sleep <input type="checkbox"/> Appetite <input type="checkbox"/> Physical Activity <input type="checkbox"/> Relationships <input type="checkbox"/> Emotions <input type="checkbox"/> Concentration <input type="checkbox"/> Other _____					

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Alcohol/ Drug History: <input type="checkbox"/> Denies <input type="checkbox"/> Social Drinker/ User <input type="checkbox"/> Heavy Drinker/ User			
Substance (including tobacco)	Age of 1 st use	Last Used	Amount/ Frequency

Withdrawal:

Have you ever experienced withdrawal symptoms? No Yes If Yes select all that apply
 Withdrawal Symptoms: Confusion Blackouts Seizures Tremors DT's Diarrhea Sweating Anxiety
 Nausea/Vomiting Body Aches Abdominal Cramps
 When was this last experienced? _____

Nutritional Screen:

Have you had unplanned weight loss/gain greater than 10 lbs. in past 3 months or under ideal body weight? No Yes
 Have you had unexplained nausea/vomiting/diarrhea greater than 3 days? No Yes
 Have you experiences a loss of appetite resulting in decreased oral intake? No Yes
 Eating habits/behaviors such as bingeing or inducing vomiting? No Yes
 Are you a newly diagnosed Diabetic? No Yes
 If you are a diabetic, would you consider yourself compliant with medications and diet? NA No Yes
 Do you have dental problems that impacts your ability to eat? No Yes
 Do you have problems with chewing/ swallowing? No Yes
 If you have any food allergies, please list them here or check none: None _____

STAFF ONLY: If any of the above are marked with "YES," a Nutrition Assessment is indicated. Make referral or notify Dietitian below:

Referral for Nutritional Consultation: (Include on Discharge Care Plan.)
 Location/Name: _____
 Nutritional Consultation at the Facility:
 Date request for consult was made: _____ Time request for consult was made: _____

Review of Systems: Check any current problems or history of problems listed below:

Respiratory:	<input type="checkbox"/> Cough <input type="checkbox"/> Asthma <input type="checkbox"/> Shortness of Breath <input type="checkbox"/> Emphysema <input type="checkbox"/> COPD <input type="checkbox"/> Other/Describe: _____
Skin:	<input type="checkbox"/> Cuts, scratches <input type="checkbox"/> Bruises <input type="checkbox"/> Rash <input type="checkbox"/> Other/Describe: _____
Central Nervous System:	<input type="checkbox"/> Dizziness <input type="checkbox"/> Fainting <input type="checkbox"/> Headache <input type="checkbox"/> Slurred Speech <input type="checkbox"/> Seizure disorder <input type="checkbox"/> Tics <input type="checkbox"/> Other/Describe: _____
Genitourinary:	<input type="checkbox"/> Pregnant <input type="checkbox"/> Last period: _____ <input type="checkbox"/> Urgency <input type="checkbox"/> Retention <input type="checkbox"/> Urinary incontinence <input type="checkbox"/> Venereal disease <input type="checkbox"/> Other/Describe: _____
Gastrointestinal:	Last bowel movement: _____ <input type="checkbox"/> Vomiting <input type="checkbox"/> Nausea <input type="checkbox"/> Blood in stool <input type="checkbox"/> Constipation <input type="checkbox"/> Diarrhea <input type="checkbox"/> Hepatitis <input type="checkbox"/> Ulcer <input type="checkbox"/> Other/Describe: _____
Cardiovascular:	<input type="checkbox"/> Angina <input type="checkbox"/> Hypertension / high blood pressure <input type="checkbox"/> History of heart attack <input type="checkbox"/> Pacemaker <input type="checkbox"/> Edema <input type="checkbox"/> Chest Pain <input type="checkbox"/> Heart Murmur <input type="checkbox"/> Other/Describe: _____
Musculoskeletal:	<input type="checkbox"/> Cast <input type="checkbox"/> Fracture: describe _____ <input type="checkbox"/> Joint swelling <input type="checkbox"/> Joint stiffness <input type="checkbox"/> Joint Pain <input type="checkbox"/> Muscle spasms <input type="checkbox"/> Backpain <input type="checkbox"/> Amputation (what) _____ <input type="checkbox"/> Other/Describe: _____
Other:	<input type="checkbox"/> Hypothyroid <input type="checkbox"/> Diabetes <input type="checkbox"/> HIV+ <input type="checkbox"/> AIDS <input type="checkbox"/> Hyperthyroid <input type="checkbox"/> Hepatitis <input type="checkbox"/> Other/Describe: _____

What was the approximate date of your last physical? _____

Client Signature: _____ **Date:** _____ **Time:** _____
Practitioner Review of Health Screening: Check if an H&P is needed.
Practitioner Signature: _____ **Date:** _____ **Time:** _____